



boston:college 

# SWITCH UP

**BRILLIANT TODAY, BETTER TOMORROW**  
**Foundation (Entry/SEND) Course Guide**



## Foundation at Boston College

The Foundation programme offers students with SEND opportunities to develop skills for everyday life, moving towards independence and potential employment or voluntary work. We assess each student's abilities and barriers to learning, which allows us to determine their individual learning pathway with the appropriate level of support. A dedicated team of highly skilled and experienced staff support students to develop new skills, and gain confidence and self-esteem within a calm, nurturing environment.

### Boston College has supported students with:

- Moderate learning difficulties
- Severe learning difficulties
- Specific learning difficulties
- Multiple learning difficulties and/or associated disabilities
- Autistic spectrum disorder
- Visual and hearing impairments
- Communication difficulties
- ADHD
- Mental health illness
- Epilepsy
- College integration



## Courses

A range of study programmes are available from Entry Level 1 to Entry Level 3, and on to Level 1. Functional English and maths are included in all courses.

### Full time

- Independent Living Skills – Entry 1, 2 and 3
- Progression Skills – Entry 3/Level 1
- Preparation Studies (Vocational Link) – Level 1

### Part time

- Adult Life Skills

## Settling in at College

Short taster courses can be arranged prior to starting College. This helps students to familiarise themselves with staff and their surroundings, and they are a great way of supporting students as they settle into college life.

Visits by parents, carers and students are always welcome throughout the year. To arrange this, call **01205 365701** or email [info@boston.ac.uk](mailto:info@boston.ac.uk)



## Staff and Support

We have a dedicated team of highly skilled and experienced staff. We pride ourselves on being able to offer a caring environment, which encourages students to gain confidence and self-esteem whilst learning new skills and having fun.

### Support services

- Specialist assessments to identify individual needs and appropriate support
- Learning Support Assistants to support academic, social, behavioural and emotional needs, in and out of the classroom environment
- Support for students with specific and multiple disabilities
- A Learning Mentor
- Personal assistance for students with mobility and personal care needs, including toileting
- Student Services Department including an Inclusive Learning Team, Health Advisers, Counsellors and a Safeguarding Team
- Special exam arrangements, where applicable
- Additional tuition



## Facilities and Specialist Resources

Our Foundation (Entry/SEND) Department is based in the Jean Ingelow Centre, located on the main campus on Skirbeck Road in Boston.

### The dedicated facilities include:

- Classrooms, a 'real home environment' flat, two computer labs, art facilities, a quiet room, a fully equipped kitchen and an outdoor garden for leisure and learning
- Adapted resources for individuals with learning, mobility, visual and hearing impairments
- Specialist equipment including hoists and accessible changing/toileting facilities



### Virtual Campus Tour

Explore our campuses and facilities from wherever you are with our virtual tour. Scan here or visit [www.boston.ac.uk](http://www.boston.ac.uk)



## Independent Living Skills Entry 1, 2 and 3

This course is offered to students who still need to develop independence skills to prepare them for adulthood.

On this course, you will take part in a range of different activities to help you learn important skills for everyday life. Some of the activities you will take part in include:

- Basic cooking
- Travel training
- Accessing the community
- Personal safety
- Leisure activities
- Art and craft
- ICT (Information and Communication Technology)
- Horticulture

You will also study PSHE and Functional Skills in English and maths, which are important for reading, writing, and using numbers in everyday situations.

### Where could it lead?

Completion of this course can lead into employment or Further Education.

Attendance	Duration	Location	Start date
You will study at our Jean Ingelow Centre in Boston for 3 days a week.	1 Year	Boston	September



## Progression Skills Entry 3/Level 1

This course fosters personal growth, social development and vocational skills, ensuring students are well-prepared for further learning, the workplace and everyday life.

This course gives you the chance to learn a range of hands-on skills and gain practical knowledge in a variety of subject areas. You will learn important skills to help you in future work, like how to be safe, work with others and prepare for interviews. Each subject area is studied for six weeks.

The job areas you will learn about are:

- Animal Studies
- Art and Design
- Catering and Hospitality
- Health and Social Care
- Horticulture
- Retail

You will also learn life skills to help you live more independently, such as managing money, looking after your home, staying healthy and communicating with others.

### Where could it lead?

Completion of this course can open up several pathways for your future. You can move from Entry Level 3 to Level 1 courses at Boston College, giving you more opportunities to specialise in areas that interest you.

Attendance	Duration	Location	Start date
You will study at our Jean Ingelow Centre in Boston for 3 days a week.	1 Year	Boston	September



## Preparation Studies (Vocational Link) Level 1

This course is designed to give students a solid introduction to vocational education within mainstream college. This Level 1 course provides the essential skills and knowledge to progress confidently to further study.

If you're not sure what job or career path you want to follow, this course can help you explore your options. You will work towards a certificate that builds important skills for work and learning.

You will be based in the main college building within a Level 1 course area where you will attend classes in subject areas you are interested in, and work in small groups with support. English, maths, and job preparation skills will also be part of the curriculum, with potential trips arranged to enhance your learning experience in the course.

### Work Experience

Work experience opportunities are available for students based on their interests. During placements, students are supported by a Learning Support Assistant (LSA) to ensure their wellbeing and provide assistance when needed. Previous work experience placements have included Asda, Blackfriars Arts Centre, Boston Stump, Geoff Moulder Leisure Centre, Lea's Garage, P&R Equestrian, Tattershall Farm Park, Tower Road Academy, The White Hart and many more.

### Where could it lead?

Completion of this course can lead to a Level 1 mainstream course at Boston College or employment.

Attendance	Duration	Location	Start date
You will study at college 3 days a week.	1 Year	Boston	September



## Adult Life Skills

The Adult Life Skills course will suit young adults who have completed their education and wish to maintain their skills. It's also suitable for young people still in education who require additional day activities and young adults that want to make friends and take part in social activities.



This course will help you improve your independent living skills, maintain or improve your English and maths, and make friends. You will be based at the Jean Ingelow Centre, which has specialist facilities and equipment. With support from experienced staff, you will do a variety of activities in small groups and take part in community activities in the nearby area. You can also use the café and other college facilities during breaks between sessions.

Throughout the course, you will take part in:

Accessing the Community	Independent Living Skills	Socialising
<ul style="list-style-type: none"> <li>Leisure activities</li> <li>Community projects</li> <li>Shopping for yourself</li> <li>Travel and safety</li> <li>Personal safety</li> <li>Planning your own activities</li> </ul>	<ul style="list-style-type: none"> <li>Basic cooking</li> <li>Personal finances</li> <li>Citizenship</li> <li>Rights and responsibilities</li> <li>Personal care</li> <li>Gardening</li> <li>Healthy living</li> </ul>	<ul style="list-style-type: none"> <li>Meeting friends</li> <li>Social activities</li> <li>Art and craft</li> <li>Planning trips and visits</li> </ul>

### Where could it lead?

Completion of this course will support you towards supported/independent living.

Attendance	Duration	Location	Start date
The Adult Life Skills course can be accessed up to 5 days a week for a maximum of 45 weeks, with additional holiday activities provided. You will attend our Jean Ingelow Centre in Boston for 7 hours a day from 9:00am–4:00pm.	45 Weeks	Boston	Flexible

## What our Students Say

We asked some of our students about their thoughts and experiences within their first year at Boston College and this is what they said...

**Chloe**

"I'm getting the support I need. My work has improved since I've left school. I've made some amazing friends who are very supportive which I'm thankful for. I can trust the staff so if I need to talk, I'm able to talk to them. My communication has improved – I'm talking more to new people which I struggled with at school. My attendance is amazing."

**Tyler**

"I have enjoyed meeting new people, doing English and maths work, going into the main college building with my friend, and doing work experience. I have settled in well and am more confident now. I have got better at maths and working in the kitchen."

**Reece**

"I have enjoyed working in the kitchen – I have made cake and flapjack. I am better at reading and my writing is neater now, the help I get is good. I was happy when I passed my English exam. I would like to learn more about using money, and in the future, I would like to try the Art course."

**Marcus**

"I have been doing well at college. The staff have supported me to behave well, and I have been paying attention to the teachers and staff. The other students have been nice to me. I can't wait to come back after half term!"

**Scott**

"I liked the food, meeting new people and seeing some of my old friends who I have not seen in a long time. I wasn't nervous on my first day – I was excited about meeting new people and making new friends. Next year my goals are to get better at my work and complete Level 2 English and maths."

**Abigail**

"I like that there is more work, more friends and more freedom. My favourite subject is maths. I'm getting better at using my manners."



## Student Services

We are proud to offer a wide range of support designed to enhance your learning experience and help you achieve your full potential. Our friendly Student Services Team includes:

### Safeguarding Team

A designated team to help with any concerns you might have about your own or someone else's safety in regard to risk of harm, abuse or neglect.

### Safeguarding and Wellbeing Officers

Here to work with you on any difficulties and issues which are preventing you from achieving your goals and finding a positive way forward.

### Inclusive Learning Team

Provides support to students with a range of individual needs and those with an Education Health Care Plan. Whether you require personal care, one-to-one support in class, exam access arrangements or mentoring, we have staff to help.

### Bursary Administrator

On hand to help you with any financial support you may be able to apply for through bursaries at College.

### Counsellors

A fully qualified and accredited team, offering a safe and confidential service to talk about any personal issues you may have.

### Careers Advisers

If you are unsure in which direction to go, our experienced team are here to help you make the right choice for your career goals.

### Student Enrichment Co-ordinator

Makes sure that you have your say on what matters within our student community through The Student Union and Student Voice. Also provides opportunities for you to make lifelong memories at events including Freshers Fayre, Trips, Wellbeing Events, Cultural Workshops, Interactive Activities and the End of Year Party!



### Here for you...

If you would like to speak to a member of our Student Services Team, call **01205 365701** or email **info@boston.ac.uk**



# BRILLIANT TODAY, BETTER TOMORROW

This course guide can be made available in the following formats: Electronically, Large Font or Audio Guide.

**Enquire by calling 01205 365701.**

Boston College is committed to equal opportunities and positively welcomes applications from individuals irrespective of racial origin, age, gender, sexual orientation, religious faith or disability.

All information in this course guide is believed to be correct at the time of printing but is subject to change at any time. Images used in this course guide are for illustrative purposes only.

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