

Who are the Mental Health Support Team?

The Mental Health Support Team (MHST) are a service designed to help meet the mental health needs of children and young people in selected education settings across Lincolnshire.

A key element to the team is about working together with education settings to ensure that mental health is a priority within their school or college community. There is a variety of support that the MHST can offer including; 1:1 and group interventions for children, young people, parents and carers, consultations, training, workshops and assemblies amongst other bespoke offers.

The purpose of MHST is:

To provide support to the individual education settings needs alongside parents and carers

To provide training and support to education staff

To provide support alongside other services to ensure overall wellbeing needs of children/young people are being met

To provide support to young people all year round, not only during term time

To find out more, please contact the Mental Health Lead in your child's education setting.

We are keen to engage with the parents and carers of the children and young people who may access our service. With this in mind, we will be asking your child's education setting to send out a questionnaire over the coming months in the hope of gaining your feedback directly about what you would like to see from our service.

We look forward to hearing your responses.

