

# Thai Bag Massage



## INTRODUCTION

This massage is carried out using hand held devices made from Hessian filled with a mixture of herbs. The herbs are then awakened by the bags being steamed prior to use on the client. They are used to produce deep massage movements that are relaxing and can help with aches and pains.

The therapist also benefits as they don't have to apply the pressure with their wrists and fingers, also the smell of the steamed herbs aids relaxation for the therapist.

The massage techniques are carried out in a fully equipped, warm, friendly environment. The day will consist of Theory, Practical administering and receiving of the techniques.

## HOW LONG WILL IT TAKE

This is a full one day course on Saturday 20th November 2010 between 10am and 4:30pm.

## ENTRY QUALIFICATIONS

Applicants must already hold a recognised qualification in body massage.

## FEES

Course Fees - £125

## ADDITIONAL INFORMATION

Tunics must be worn.

## HOW TO APPLY

If you require further information on this course please contact the Beauty Department on 01205 365701 Ext 3261.

You can apply for this course using an application form from the College course guide, or from the Information Officer on 01205 313218.

The Information on this Course Information Sheet is correct at time of print, but can be subject to change at anytime.