

Hot Stone Therapy Massage



INTRODUCTION

This form of massage incorporates hot stones to give a deep, penetrating massage, technique that also work on energy levels. Using this form of massage technique helps prevent the therapist from gaining physical problems from carrying out continual massage treatments.

Precious Stones are placed on certain points of the body when carrying out the treatment so that energy levels are working to their fullest. Hot stones are then used to perform the massage so the desired pressure can be produced. A very relaxing and deep massage can be achieved with less damage to the therapist.

Massage techniques are carried out in a fully equipped, warm and friendly environment.

The day will consist of theory, practical administrating and recieving of the techniques.

HOW LONG WILL IT TAKE

This is a full one day course on Saturday 6th November 2010 between 10am and 430pm.

ENTRY QUALIFICATIONS

Applicants must already hold a recognised qualification in body massage.

FEES

Course Fees - £125

ADDITIONAL INFORMATION

Tunics must be worn

HOW TO APPLY

If you require further information on this course please contact the Beauty Department on 01205 365701 Ext 3261.

You can apply for this course using an application form from the College course guide, or from the Information Officer on 01205 313218.

The Information on this Course Information Sheet is correct at time of print, but can be subject to change at anytime.