

Indian Head Massage/ Relaxation Techniques



INTRODUCTION

In today's busy and stressful world, the therapeutic value of relaxation techniques is undeniable.

So why not come along to our friendly, hands on learning environment and practise some stress busting Indian Head Massage relaxation techniques.

HOW LONG WILL IT TAKE

This course runs for 4 weeks:

From 24th January 2011 to 14th February 2011

Monday evenings between 630pm and 730pm

ENTRY QUALIFICATIONS

There are no formal qualifications required for this course.

FEES

Course Fees - £35 (Includes Materials)

HOW TO APPLY

If you require further information on this course please contact the Beauty Department on 01205 365701 Ext 3261.

You can apply for this course using an application form from the College course guide, or from the Information Officer on 01205 313218.

The Information on this Course Information Sheet is correct at time of print, but can be subject to change at anytime.