

## **Introduction to Counselling Skills Level 2 Certificate**



### **INTRODUCTION**

This is a taster course which is intended for those people who want to learn initial counselling skills in order to help others. It will not teach you to be a counsellor but should help you find out more about the field of counselling and may help you to decide if you want to undertake further training.

### **WORK EXPERIENCE**

To achieve the qualification you will be expected to collect evidence of your learning in a portfolio which will be assessed by your tutor. You will be given guidance by your tutor about what should be included in your portfolio. In addition to your portfolio you will be asked to complete a brief Self Review using a pro-forma which is then externally assessed by CPCAB (Counselling and Psychotherapy Central Awarding Body). The Self Review will be completed during class time towards the end of your course. To achieve the qualification you will need to complete your portfolio and the Self Review to a satisfactory standard. You will be given guidance and support to achieve the necessary standard.

### **HOW LONG WILL IT TAKE**

The course lasts for 12 weeks, start date to be confirmed. It will run on Tuesday evenings 6-9pm.

### **ENTRY QUALIFICATIONS**

To apply for the Certificate in Introduction to Counselling Skills no previous training or experience is required. The minimum age for an applicant is 16 years.

It is important that you consider carefully if a counselling course is right for you. Home, life and work issues which are impacting on how you are feeling and behaving should be considered. The nature of the course involves sharing some personal experiences and personal development opportunities. You will need to be honest with the course tutor during the application process and as the course progresses.

### **WHERE COULD IT LEAD**

The Level 2 Certificate in Introduction to Counselling Skills is a stand alone taster course.

You could progress by completing the Level 2 Certificate in Counselling Skills followed by the Level 3 Certificate in Counselling Studies or the Level 3 Certificate in Advanced Counselling Skills.

### **FEES**

A course cost of £292 and registration fees.

### **HOW TO APPLY**

You can apply for this course by applying [online](#), by filling out an application form from the College prospectus or by contacting the Information Officer on 01205 313218 for further information. The Information on this Course Information Sheet is correct at time of print, but can be subject to change at anytime.

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