

# Diploma in Basic Reflexology Techniques Level 2



## INTRODUCTION

This VTCT Level 2 Diploma in Reflexology is designed to enable the student to assess a client for treatment and to apply reflexology and foot massage for relaxation and stimulation purposes using various techniques. The beauty section has three fully equipped salons, together with a reception area for all practical skills. Theory sessions will be taught either in the resource area or in various classrooms.

## WHAT WILL I DO?

The course consists of 6 elements:

Element 1 - Assess the client for reflexology treatment

Element 2 - Prepare the client and apply foot massage

Element 3 - Apply reflexology treatment

Element 4 - Evaluate the effectiveness of reflexology treatment and provide after care advice.

Element 5 - Use communication skills for client consultation.

Element 6 - Use communication skills for therapy assessments.

The course will include theoretical and practical sessions including oral and written tests, assignment work and individual/group work together with the production of a portfolio of evidence. Students will also be required to undertake case studies in their own time together with carrying out treatments on clients within the College salon. Students may be assessed on prior learning and credit given where applicable.

## HOW LONG WILL IT TAKE

This course is offered over 1 Year on a part-time evening basis.

A minimum of 80% attendance is required in order to achieve this qualification.

## ENTRY QUALIFICATIONS

- Learners must have achieved a standard of education and/or have appropriate and relevant work experience.
- Enrolment and completion of x3 weeks VTCT Level 3 Diploma in Health and Safety.

## WHERE COULD IT LEAD

Students may progress to other therapies such as Swedish massage, Indian Head Massage, Stone Therapy and Beauty therapy or seek employment within the field.

## FEES

Tuition fees: TBC

Health and Safety: TBC

## ADDITIONAL COSTS

Examination / Assessment: TBC

Materials: TBC

Course Text: £25 approx

Other: TBC

Salon wear - £25 approx.

Students will need to supply their own towels. 2 bath towels and 4 hand towels.

## **ADDITIONAL INFORMATION**

Where courses last for more than one year, only the first year's fees are shown.

You will also need a White or Black tunic (£30 Approximately) and one course text (£25 Approximately). You will also be required to supply your own towels, 2 bath sheets and 6 hand towels. All students must be willing to have all treatments carried out on themselves during input sessions. All costs must be paid at the beginning of the course.

## **HOW TO APPLY**

You can apply for this course by applying [online](#), by filling out an application form from the College prospectus or by contacting the Information Officer on 01205 313218 for further information. The Information on this Course Information Sheet is correct at time of print, but can be subject to change at anytime.

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